



# Miranda House

## UNIVERSITY OF DELHI

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### Internal Academic Audit

#### Observations & Suggestions

**Department: Physical Education**

**Academic Year:** 2020-21 (from 1 July 2020 to 30 June 2021)

#### Observations:

1. The Department very smoothly shifted from offline mode to online mode during the pandemic for the teaching-learning process despite the nature of the course (more practical oriented).
2. The Department organized numerous events like fitness workshop, aerobic workshop, certificate course in yoga, sports fest- e-robern, expert talk on injuries and rehabilitation, expert talk in journalism and quiz etc.
3. The Department also provided opportunity and guidance to the students for conducting a survey study on fitness trends during lockdown period due to COVID 19.
4. Student's participation in the departmental activities is commendable.

#### Suggestions:

1. The Department can develop wellness programmes for the physical, mental and emotional well-being of the Miranda House community.
2. The Department can strengthen multidisciplinary UG research and offer summer projects to interested students.

A handwritten signature in black ink, appearing to read 'Nisha', is written over a diagonal line.

**Dr. Nisha Vashishta**

Coordinator, IQAC